



## Miracle Mindset Cultivate & Create Your Dreams

### Desire/Gratitude List

Gratitude is the key to shifting powerfully from lack to love, negative to positive and lack to miracles.

Do this practice daily to shift your mindset quickly.

Miracle Mindset Daily Desires:

Miracle Mindset Gratuities:



## **Miracle Mindset Manifesting Practice & Channeling by MK**

**This is a very special practice guided to me by spirit just for you!**

**In order to manifest more quickly that which we desire most, it's important to let go of anything blocking you and clear all resistance.**

**To do this, I received this practice for you through channeled writing with Spirit on how best to support you!**

**My beautiful Miracle Mindset Maven follow these steps:**

1. Sit in stillness and quiet with Spirit
2. Do your daily journaling practice
3. Write to Spirit.Universe/God
  - a. Share your fears
  - b. Share your dreams
  - c. Share the next goals you desire
  - d. Write boldly and without filters
  - e. Speak like you would to your best friend
4. Once you are complete in your writing, trust in your sharing it is now done. There is no reason to keep asking, to dwell or worry.
5. Turn it completely over in full faith.
6. Ask God/Universe/Spirit:
  - a. What should you have me do
  - b. What are my next steps - please guide me and make it clear
7. Trust IT IS DONE
8. Then praise in gratitude for your desires being granted and questions answered